

CERTIFICATE OF PARTICIPATION

This is to certify that

Jarred Venter

Has successfully participated & completed the
5km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 00:55:31

PACE 11:06/km
OVERALL 55 of 97

GENDER 25 of 31
OPEN 14 of 15

23 June 2019, Sun

Date



BoutTime

Signature

